

POLICY ADF

Board of Education Las Cruces Public Schools

Related Entries: IHAE, IHAE-R, IHAMD-R, JLJ, JLJ-R, GBGC, GBGC-R
Responsible Office: Office of the Superintendent

Wellness for Students and Staff

I. PURPOSE

The purpose of policy ADF is to establish a coordinated approach to student and staff health and wellness.

II. BACKGROUND

The Board is committed to creating a school culture that promotes and protects children’s health, well-being, and ability to learn by supporting district and school-based activities and practices that promote student and staff wellness. Such a culture will help students learn to take responsibility for their own health and to adopt healthy habits, attitudes, and behaviors.

III. POSITION

- A. The district will maintain a coordinated health program, the components of which shall include:
1. establishing a Wellness Policy Leadership Committee (WPLC). The goal of the WPLC is to support a coordinated approach for students and staff wellness that integrates multiple perspectives and ensure compliance with federal and state requirements, including setting district goals in all areas of coordinated school health;
 2. offering Health and Nutrition Education to students in grades K-12 as set forth in the Health Education Content Standards (6.29.6.1 NMAC) and Board Policy IHAM and IHAMD;
 3. offering Physical Education to students in grades K-12 as set forth in the Physical Education Content Standards (6.29.9 NMAC) and Board Policy IHAE – Physical Education;
 4. offering health services to promote the health and safety of, as well as preventing illness and injury in, the school population as set forth in Policy JLC – Student Health Services;
 5. establishing procedures for School Safety Committees to ensure healthy and safe learning environments for students and staff (also see Board Policy EB);

6. ensuring Food and Nutrition Services support a positive nutrition environment in schools to enhance learning and the development of lifelong healthy eating practices as set forth in Policy JLJ – Student Nutrition and Policy IHAMD – Nutrition Education; (see Policy EFE-Competitive Food Sales and Vending Machines;
7. encouraging physical activity opportunities for students and staff before school, during the school day, and after the instructional day, as appropriate;
8. supporting social and emotional well-being with services to maintain and/or improve students’ mental, emotional, behavioral, and social health;
9. promoting staff wellness through District programs or services to support and/or improve the mental, emotional, behavioral and social health of staff (see also Board Policy GBGC-Employee Assistance Wellness Program);
10. ensuring that the District web site includes information on the wellness policy and accompanying services for students and staff and updates on progress in meeting the components of this policy.

B. The Superintendent of Schools shall promulgate a regulation for the enforcement of this policy.

IV. REVIEW AND REPORTING

This policy will be reviewed in accordance with the Board of Education policy review process.

Board of Education, President

December 9, 2014

Date

History: 6.30.2.19 NMAC (repealed), Original adoption May, 16, 2006, Revised September 2013; Revised 10.21.14; Revised 12.09.14; draft revisions May 2017

Legal Reference: 6.12.6.8; 6.29.6.1; 6.29.9 NMAC; Healthy, Hunger-Free Kids Act of 2010