

LCPS FREE YOGA

how to register

	8:30 - 9:40 am	Sign In (0/32)	<input type="checkbox"/> Hot 26 FM
	12:00 - 1:00 pm	Sign In (0/32)	<input type="checkbox"/> Focused Flow
REG HERE →	4:15 - 5:30 pm	Sign In (8/18)	<input type="checkbox"/> LCPS Employees Only - Hot Slow Flow
	4:15 - 5:30 pm	Sign In (0/32)	<input type="checkbox"/> Hot Slow Flow
	6:00 - 7:00 pm	Sign In (1/32)	<input type="checkbox"/> Hot 26 FM
	7:15 - 8:30 pm	Sign In (1/32)	<input type="checkbox"/> Mindful Asana

register online or through our app for any 2 classes/week in slot titled LCPS Employees Only

- Hot Slow Flow on M&W • Yin on Tues • Ebb & Flow on Fri

don't hesitate to call Colleen if you have any questions 647-9642

If you register for a class ahead of time and cannot make it, please cancel your registration so that someone else can take your space.

If you tag yourself in a pic on Facebook when you arrive or before you leave, you'll be registered for a free class pass too!



downtown
desert yoga