

NEWS RELEASE



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PAGE Meets February 18

LAS CRUCES – Doña County Parents and Advocates for Gifted Education (PAGE) will meet at 6:00 p.m. on Thursday, February 18, 2010 in the LCPS Advanced Educational Services Professional Development office, in the LCPS Head Start Building, 821 E. Lohman Ave., on Almendra Street, between Lohman and Amador (near Roberto’s Restaurant).

The topic of the meeting will be “Gifted Meltdowns: What Are They and What Can We Do About Them?” presented by Dr. Marc A. Caplan, clinical psychologist, of Las Cruces. The workshop will focus on the cause, prevention and intervention of gifted meltdowns.

“Having dramatic meltdowns is a characteristic of many gifted children's temperament,” said Dr. Caplan. “They tend to express all emotions, whether positive or negative, with high emotional intensity. Children who are very capable in many things, often put themselves under a lot of pressure to perform at a very high standard. Because they are so often successful, they can come to believe they will be able to excel at just about anything they set their minds to. Sometimes, too, they believe that their worth as a person hinges on their ability to excel. The combination of high-emotional intensity and the sort of gifted-high pressure personality can lead to really explosive meltdowns,” said Caplan.

For more information, contact acting PAGE President Shannon Garrison at 575.527.605 or sgarriso@lcps.k12.nm.us; or LCPS Behavior Technical Assistant Lori Comallie-Caplan at lcomallie@gmail.com.